Food						Lupin Flour	Milk		MUSTARD			SISAMI OX		Beer
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Yoghurt							✓							
Hollandaise				√			✓		✓					
Scones		Wheat		√			✓							
Bagels		Wheat		√			√							
Bread		Wheat												
Muesli		Wheat					✓			Almonds Hazelnuts				
Waffles		Wheat		√			√							
Ice Cream				√			✓							
Porridge		Oats												
Sausages		Wheat												

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Food						Lupin Flour	Milk		MUSTARD			SESAME OX		Beer
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Pain au Chocolat		Wheat		√			✓							
Croissant		Wheat		√			✓							
Ultimate Brownie		Wheat		✓			✓						✓	
Raspberry Bakewell		Wheat		√			✓			√ Almond	S			
Caramel Slice		Wheat					√						✓	
FlapJack		Oats					✓							
Lemon Blueberry Loaf		√ Wheat		√			√							
Lemon Drizzle		Wheat		✓			✓							√
Triple Chocolate Muffin Blueberry Crumble Muffin		Wheat		✓			✓						✓	
Carrot Cake Muffin		Wheat	t	✓			✓						✓	√

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